



OBESITY: A WOLF IN SHEEP'S SKIN

MARCH 4, 2019

14:00 – 15:00

Session Objectives

- Obesity basics (Causes, Consequences, Physiological and social implications)
- Summarize information on obesity and its consequences among indigenous people in Canada Review effective community-based interventions:
- Health Promotion (Nutrition and physical activity)
- Obesity screening (Screening for complications Provide information on reliable obesity resources)

Presented By: Dr. Ellina Lytvyak

Dr. Lytvyak is a Year 2 physician resident in the Public Health and Preventive Medicine program at the University of Alberta. She is originally from Ukraine where she obtained her MD and PhD degrees. She has also received a Fulbright scholarship from the United States Department of State and completed a Post-Doctoral Fellowship in Public Health at the University of Alberta. She has over 15 years of experience working in the obesity area, including academic publications and community-based health promotion programs.

This session will be recorded for future viewing

Live stream and audio lines will be made available for those unable to attend via videoconference

Visit the First Nations Telehealth Portal (www.fntn.ca) to register

Dr. Lytvyak recently joined FNIHB to discuss Cannabis Legalization and its Impact on Indigenous Communities within Alberta. To view her previous session visit the First Nations Telehealth Portal

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